Community Development Plan Update January 2019

Community Engagement Forums are collaboration between a range of partners including the District Council, County Council, Town council, Parish Councils, Police, Fire and Rescue Service, local businesses and community groups along with individual residents.



Our aim is to encourage, assist and empower the local community to create the environment and services they would like and need.

The Western CEF started in October 2010, covering the following towns and villages: Birkin, Brotherton, Burton Salmon, Byram, Fairburn, Hillam, Lumby, Monk Fryston, Newthorpe, Sherburn in Elmet and South Milford

Over Arching Priorities

The Western CEF is keen to support and develop initiatives which;

- Improve the quality of life for individuals across the Western CEF area
- Provide solutions for community issues



Trial new ideas that will benefit residents and improve the local area

Current Key Issues being Addressed

Youth Services

Working with North Yorkshire Youth and BeeAble to review service provision for teenagers and disaffected young people.

Progress

- April 16 agreed to fund BeeAble to provide a Detached Youth Service for a year from 1st September 2016. Bank of hours for 2 workers. Lesley Senior, Director of BeeAble, to attend Partnership Board meetings to update on developments.
- It has been identified that the facilities at Highfields have undergone two lots of repairs between October 2014 and June 2016, on the safety surface and a further repair to damaged panels of the shelter in October 2016. This amounted to £9,000. The facilities have safety inspections carried out monthly between the winter months (October-March) and fortnightly in the summer months (April-September). Minor wear and tear repairs are carried out when identified. The rubbish bins are still overflowing and general untidiness of the area still occurs. Additional work was carried out at two other sites (Time-Out and the Library) that were receiving inappropriate behaviour from youths (vandalism), but nothing was seen. There were no further reports.

Combined community sports facility in Monk Fryston

To bring together the football and cricket grounds into an expanded sports facility.

Progress

• 12th Jan 16 Clive Hoyland from Monk Fryston Football Club was introduced to the Partnership Board and outlined his idea for a combined community sports facility in Monk Fryston, which would bring together the football and cricket grounds. He explained that the project was at an early stage and that he would be approaching various agencies and bodies to explore what funding may be available and the feasibility of the project.
21st Jan Chris HN attended a planning meeting with the steering group to discuss governance models, funding strategy, community consultation and useful networks



- October 16 The Development Officer reported that a discussion with Clive Hoyland from Monk Fryston Football Club regarding progress with the project had taken place in October and funding to progress the project was still required.
- December 16 the Development Officer had met with the group again in December. They
 have created a CIC and have completed a Project Brief for submission to the Western CEF. A
 meeting has also taken place with Heather Kennedy.
- Feb 17 the group made their submission for professional support to progress funding further.
 Their award was successful. Work is now taking place to recruit the best person to progress with the work.
- June 17 meetings continue with the group. Plans have been developed and the assistance of the Development Officer has been requested to look at potential sources of funding
- July 17 Development Officer has prepared and emailed over funding options report, with details of how to apply to a range of different organisations.
- March 18 We have had a confirmed offer from Wren, also our Biffa bid is looking very positive.
- June 18 Our projects updates, the application had to be made by the landowners in both cases. Cricket we had 2 offers from Wren & Biffa who offered to fund all of the project. Wren offered part. The Biffa offer was accepted to bring the pavilion up to a standard to allow 24/7 365 days a year usage, including a nursery group & other's.

Football are still in discussion with the FA although the project has stalled due to lack of funds to drive on to the next phase. Both the above have been assisted by Steve Wells Associates who has been instrumental in the current achievements with funders

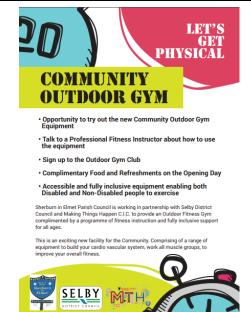
Creation of Community Outdoor Gym – Sherburn – in –Elmet

To establish an accessible fitness facility for all residents to use on a regular basis.

- December 17 Meeting with Sherburn Parish Council to discuss potential development of a partnership between the Parish Council, District Council and Western CEF.
- Agreed need to support all people with different abilities on how to utilise the equipment and desire to approach Western CEF to fund the creation of a Community Outdoor Gym Club.
- Funding for the Equipment secured from SDC
- January 18 further meeting held to discuss launch event for the Outdoor Gym and application to the Western CEF by Making Things Happen C.I.C.

February 18 – date for setting up of gym equipment completed, flyer design for launch event agreed and distributed. Western CEF application submitted.





Western CEF Community Outdoor Gym Club

MTH provide ongoing free instructor-led sessions. These are currently being offered on a Tuesday 5:30pm – 6:30pm and a Wednesday 3pm – 4pm. These times were chosen carefully to try and respond to the feedback we got at the opening event and through other local conversations with residents and businesses.

Once funding had been received, we had a vibrant flyer designed and delivered over 3,500 of

these locally to various locations, including the following:

- The Best One Moor Lane
- Co-op
- Sure Start Children's Centre
- Library
- St Leonards Shop
- Spa and Post Office
- Falton Foods
- Tesco
- Penny's
- Peter Pan Shop and Nursery
- Eversley Centre
- Aldi

The flyer has also now appeared in the Sherburn News, which is delivered to every household in Sherburn and is also on various online forums, sites and websites.

Throughout May we had 13 new people sign up to use the gym.

Let's Get

Physical

Free Instructor Led Sessions at the new Sherburn Outdoor Gym, Eversley Park

Our sessions will show you how you can utilise the equipment and help you develop a fitness regime that will work for you.

The Outdoor Gym equipment is accessible for all - the MTH team will guide, encourage and motivate you.

We will have two weekly gym sessions running for 6 months; Tuesdays 5.30pm - 6.30pm (Commencing 1st May)
Wednesdays 3.00pm - 6.00pm (Commencing 2nd May)
Come and join this new Community Outdoor Gym Club

Legrn, enjoy, and make friends

Funded by the Western Community
Engagement Forum

By you have any questions piesse contact Emily emily@makingthingshappen.org.uk 07538 253398

Throughout May, the average number of people attending each session has been 3. Wednesdays have been a lot more popular and we are therefore reviewing how we can tackle the Tuesday session and looking at other options to maximise potential. People are coming back for further sessions when they are able to and feedback from those attending has been very positive. This has so far definitely been best received by those who are younger retired (50-70)

and looking for supported fitness options and this type of guided session with others.

Sherburn Gala

On 19th May MTH attended the Sherburn Gala. This was a fantastic opportunity to promote the gym and the instructor-led sessions. We had a stand, with a free competition, to encourage people to engage with us. Bunting made the equipment look very much a part of the gala day. We also gave out over 1,000 flyers throughout the day, engaging with as many people as we could and talking about the benefit of the gym in Sherburn. We had a great response from people and felt that this was very beneficial.

August 18 – Since the beginning of this project in May, 29 people signed up to use the gym. People from all sorts of backgrounds and ranging in age from 16 to late 70s. The average number of people attending each session has been 3, but can vary from 2 to larger groups of 7 or 8, but always a different mix of members and with new people signing up most weeks.

Members Those people using the gym are coming from all over the district now, as we have been publicising this through district wide forum, such as the Selby District Equality Network, WEA and Community Activists. The gym sessions are providing some of the hardest to reach individuals in the community, a chance to get out of their homes, be active, but most importantly be supported. Whilst offering gym sessions, we are also working with all individuals to sign-[post or provide support in moving forward with their lives.

'The outdoor gym has literally changed my life. I am a young man, going through a terrible time, these gym sessions have brought me out of myself and provided me with the support I have been needing'. Said by one of our most recent local resident members.

January 19 – The CEF enabled us to provide 2 instructor-led sessions weekly, from May – October 2018. Tuesday 5:30pm – 6:30pm and a Wednesday 3pm – 4pm.

These times were chosen specifically to respond to the feedback we got at the opening event and through other conversations with residents and businesses.

Over 3,500 vibrant flyers, advertising the outdoor gym and our instructor-led sessions were delivered to various locations locally, as well as appearing in the Sherburn News twice, which is delivered to every household in Sherburn. It was also on various online forums, sites and websites. These were also handed out at the Sherburn Gala on 19th May, where we held a demonstration event at the Outdoor Gym and a free competition.

Throughout the course of this project a total of 54 people signed up to use the gym. People from all sorts of backgrounds and ranging in age from 16 to late 70s. The average number of people attending each session was 3, but varied from 2 to larger groups of 7 or 8, but always a different mix of members and with new people signing up most weeks.

People using the gym have come from all over the district, as we have been publicising this through districtwide forums, such as the Selby District Equality Network, WEA and Community Activists.

One of the best outcomes of this project has been the outreach support provided through the sessions. Providing opportunities to some of the hardest to reach individuals in the community, a chance to get out of their homes, be active, but most importantly be supported. As well as providing tuition on the use of the outdoor gym equipment, our team has also been working with all individuals to provide support and encouragement in moving forward with their lives, sign-posting to other organisations and opportunities, as well as providing a social and emotional support network.

Community Cafes

To provide support to local communities wishing to develop a community cafe.

Progress

- June 16 Community Café Public Forum 3 speakers talking about 3 different models, well attended and lots of questions asked.
- July 16 3 localities exploring model to use for developing a Community Café
- October 16 The Chair reported that he had visited community cafés located in Ripon and Escrick; he informed the Board that he was aware of five people interested in establishing a community café in Fairburn.
 - The Development Officer suggested that the community café model operated by Horton Housing could be adopted by the Western CEF.
- February 17 support has been provided by the CEF Chair and Development Officer for the development of a community café in Fairburn. Funding has been awarded by the Western CEF towards the first year running costs. Assistance has been provided regarding governance structures and the opening of a Bank account. The Development Officer has linked them up with the Escrick Community Café for additional support and ideas.
- February 17 assistance has been provided by the Development Officer on the creation of a funding application to develop a Community Café in Sherburn.
- February 17 Launch of Fairburn Community Café. 80 people attended.
 August 18
- I can only say that the numbers continue to increase: last couple of weeks still over 50 visitors and I am now doing my flier to hand out for the next project which I have planned. That is an Afternoon Tea War Years Style on 5th September. The Second World War broke out in September 1939 so we have quite a few elderly folks who have memories of that time, we also have the Air Force anniversary and other things which have been brought to mind, including Armistice. We have a lot to either celebrate or remember about the war years as the 100 years has loomed up before us, I intended that although we have our memories, it was as good a reason as any to have a 'fun' afternoon. I will be serving teas as if in the days of yore (with a little poetic licence) and I have booked a group to come from York to sing the war years songs so we can have a singalong!!
- Our Ascot Afternoon Tea went down fabulously and the guys I booked then to entertain did a fantastic job, everyone was singing along and even up dancing – with or without walking sticks!!

January 19

We continue to be a progressive venture which has not only been sustained but has grown considerably since we opened on 1st March 2016.

I have attached a list of some of the events we have had in the last year and each theme we have offered our community to join in has led to them (word of mouth) to increasing the interest in everything we put on. We have created a nice and very large family, with 75 attending our Christmas Party.

Fairburn Pop-In Café - List of Events

Christmas Party (Afternoon) 2017

Entertainment by Village School Children Food, Fun, Games and entertainment Christmas Prizes

Valentines Day

Fancy baking, Chocolates and hearts

Easter Bonnet Competition

Fancy baking,

Prizes and Easter Eggs for everyone

Harry & Megan – Wedding Party

Red, White and Blue decorations,

Fancy Baking,

'Royal' prizes.

Ascot Day Afternoon Tea

Wonderful Ascot Style Dress:

Food and style as Betty's Café!

Prizes

Entertainers (Elderly Brothers!)

War Years (100 years) Afternoon Tea

Wonderful outfits

Food 'war time' presentation

Prizes

Entertainers – Harlequins

Christmas Party (Afternoon) 2018

Celebration Christmas Food

Prizes

Entertainment by Village School Children

Entertainment by the Elderly Brothers

In-house Fun and Games

Talents shown:

1000 Poppies knitted and presented to Selby Abbey for their display

Clippie Rug – helped by several of our regulars – for a display at Church

Dolls knitted and raffled to raise funds.

Outfits knitted for Oxfam - Children in Africa

Money raised for Charity – Macmillan Cancer/Nurses ie:

Winter Hats & Scarves

Easter Chics with eggs

Xmas Stockings with chocolates

Money raised and goods sent to The Homeless

Money raised from sale of books for Church funds

Money raised from sale of poppies for The British Legion



- March 17 Funding for the development of the Community Café in Sherburn agreed.
- June 17 At long last work has started on the school. We have had all the asbestos removed and now we are on with sorting out the leaks to the flat roof and refurbishing the toilets. We have got through the first stage of the Big Lottery Fund new process and we are working on getting the answers to the next set of questions which have been posed. We are also waiting to hear back from St Gobain on a funding application.



- March 18 I am delighted to report that we have now signed the contract for the building work at
 - the OGS to commence. The work will be finished by End of June so we anticipate opening in August/September. We are still negotiating the contract for the operator of the Café, but we are getting there.
- June 18 Things are really hotting up at the OGS Community Centre and Tearooms! The building refurbishment is nearly complete and the next stage is for us to finish the decoration and fit out the building. We are planning to open on 1st September. We are just finalising the specifications for the catering equipment for the tearooms and will be placing orders in the next week. We expect the project to be complete by September and we look forward to welcoming you to the venue.
- August 18 "The kitchen at the Old Girls' School Community Centre and Tearooms is being fitted out currently. All the equipment has been ordered and has arrived on site and the plumbing is underway. At the moment volunteers are busy painting and cleaning the school. The Community Centre will be opening to the community on the 1st September and we have our official opening by the Bishop of Selby on 2nd September. We look forward to welcoming the CEF to the Community Centre at the meeting on 23rd October."

CEF Promotion

To continue to raise awareness of the work of the CEF and opportunities available.

Progress

- April 16 Investigate cost of having a CEF notice board in each village / town
- June 16 range of options researched and passed onto Chair
- July 16 agreed Daniel to contact each Parish Council to ask what type of noticeboard they would like and where they would like it positioned.
- January 17 We now have a list of Parish Councils who would like a notice board.
- February 17 design of a new Western CEF logo has commenced.
- March 17 Comments from the CEF Board fed back and a new draft design completed.
- March 17 Partnership Board agreed the type of notice boards to be purchased and the cost has been agreed. Daniel currently liaising with manufacturers for delivery and agreement with each Parish Council for the installation
- November 17 looking at plaques being distributed to all organisations who have received funding since April 2016. Currently getting the numbers we will need before agreeing the design across all of the CEFs.
- February 18 the new CEF logos have been agreed to be used across all 5 CEFs. Standard format being developed across all 5 CEF Community Development Plans
- Jan 19 work on the CEF film has been progressing, with all Western CEF filming complete.

The film should be edited and ready for Feb 19. Noticeboard design has been agreed and price agreed.

Community Health and Safety

Defibrillators - enabling communities to establish this additional facility

Progress

- October 16 requested that this issue be added to the CDP.
- February 18 meeting with Brotherton Parish Council regarding funding support for a Defibrillator. Assistance given with the application which has been submitted for consideration.

Development of Peter Pan Nursery Charity Shop

To develop the success of the shop and create a Community Hub at the building

February 18 - We have started the refurb on our charity shop and have now completed the main downstairs showroom. Having the main room completed has enabled us to safely display twice as much stock as before and takings were up by approximately £100 in the first week comparatively. We've had some fantastic feedback from our customers.

The rest of the shop is still to be completed and I'm awaiting a date for this. The shop fitter isn't really making anything on this job so he's fitting us in around his other work.

The upstairs room will be next, which is where the space will be for groups to use. We have started craft lessons, Debbie Todd of Angels and Butterflies (Garforth) ran a couple of classes for Halloween and Christmas at the end of last year and has asked to run further classes:

So lots going on!





Sep 18 - we have completed the upstairs refurbishment. Still chasing our builder for dates to complete the final phase of the refurbishment. Unfortunately we are just having to wait until he can fit us in as he's not making much on the job.

I am also going to be having a meeting with Debbie Todd who holds the craft events at the shop to see what we can get booked in for the autumn and winter months ahead.

Takings at the shop are still slowly increasing and feedback is good. I'm going to do a customer survey to see what else our community would like to see. I'm also thinking of having an 'equestrian section', we have a horse and tack and clothing are so expensive and the shop are few and far between. There are a lot of livery yards We've had a fair few items of equestrian clothing donated already and I thought it might draw in a new group of customers?

Jan 19 - We had the final phase of our refurb just before Christmas, we now have a toilet that works properly and a sink to wash our hands in! It's luxury! Ha ha. The shop looks fantastic! Our team of volunteers has grown, 33 and another 4 who I have met with this week who are new to the area and wanting to put something back into the community.

We now support two young people with Downs Syndrome and a young man who has Autism, he's done so well and his mum is really pleased with how his confidence has grown. He even

attended our Christmas party, the first party he's ever been to in 18 years. We have another volunteer who is registered blind and he feels he's gained more confidence and made new friends.

I definitely feel we have become a bigger part of the community, we have many locals who pop in for a chat and a coffee every week, some every day! We had lots of Christmas cards from customers, something we've never had before.

Takings are up, we've gone from £500 to approximately £700 PW. This is also due to the introduction of an equestrian section and we now have a card machine (Sum-Up), it's got no tie in periods or monthly charges and it's really made a difference to sales.

I met with a lady from Hope Pastures (small independent charity in Leeds, they are an animal rescue centre), it ties in with our equestrian section. We are going to hold some equestrian talks at the shop to raise more funds.

I have advertised the space free of charge to local groups but so far, no takers. I'll advertise it again. Would love to get a knit & natter or book group going upstairs.

Chris Hailey Norris Development Officer Western CEF January 2019